

**FIRST
VISIT IS
FREE!**

Penhold

MEMBERSHIP SALE

Dec. 5, 2025- Jan. 31, 2026



FITNESS CLASSES

Which membership
is best for you?

- ✓ **GOLD PLUS | GOLD | SILVER**
- ✓ **ADULT | CORPORATE/STUDENT | SENIOR**
- ✓ **3, 6 or 12 MONTHS**

for more info

www.townofpenhold.ca

(403) 886-3268

**Penhold Regional Multiplex
#1 Waskasoo Ave, Penhold**

Monday to Friday:
6:00 a.m. - 9:30 p.m.
Saturday & Sunday:
10:00 a.m. - 6:00 p.m.
Closed all statutory holidays

- STRETCH & RELEASE
- PUMP IT UP
- FULL BODY HIIT MIX
- BUTTS N' GUTS
- BURN & TURN SPIN
- MUSCLE UP EXPRESS
- GAME OF GAINS
- CIRCUIT TRAINING
- IN THE ZONE
- PILATES FUSION



*Scan me
for class info*

Gold Plus Membership (Unlimited Fitness Classes, Fitness Centre use with 24 hr fob, Running Track)

1 Year Membership	6 Month Membership	3 Month Membership
Adult \$576 (reg. \$612)	Adult \$288 (reg. \$360)	Adult \$144 (reg. \$180)
Corp/Stu \$528 (reg. \$561)	Corp/Stu \$264 (reg. \$330)	Corp/Stu \$132 (reg. \$165)
Senior \$432 (reg. \$459)	Senior \$216 (reg. \$270)	Senior \$108 (reg. \$135)

Gold Membership 5 Fitness Classes / month, Fitness Centre use with 24 hour fob*, Running Track *one time \$15 access fob purchase fee applicable

1 Year Membership	6 Month Membership	3 Month Membership
Adult \$432 (reg. \$459)	Adult \$216 (reg. \$270)	Adult \$108 (reg. \$135)
Corp/Stu \$384 (reg. \$408)	Corp/Stu \$192 (reg. \$240)	Corp/Stu \$96 (reg. \$120)
Senior \$336 (reg. \$357)	Senior \$168 (reg. \$210)	Senior \$84 (reg. \$105)

Silver Membership Fitness Centre use with 24 hour fob*, Running Track *one time \$15 access fob purchase fee applicable

1 Year Membership	6 Month Membership	3 Month Membership
Adult \$384 (reg. \$408)	Adult \$192 (reg. \$240)	Adult \$96 (reg. \$120)
Corp/Stu \$307 (reg. \$326)	Corp/Stu \$153.50 (reg. \$192)	Corp/Stu \$76.75 (reg. \$96)
Senior \$192 (reg. \$201)	Senior \$96 (reg. \$120)	Senior \$48 (reg. \$60)