

JANUARY CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 CLOSED (FOB ACCESS ONLY)	2 10:15am Mindful Yoga	3 6:40pm Organic Flow Yoga	4 6:00pm Boot Camp	5	6
7 6:45pm Yin Yoga	8	9 10:15am Mindful Yoga 6:00pm Boot Camp	10 6:40pm Organic Flow Yoga	11 6:00pm Boot Camp	12	13
14	15	16 10:15am Mindful Yoga 6:00pm Boot Camp	17 6:40pm Organic Flow Yoga	18 6:00pm Boot Camp	19	20
21 6:45pm Yin Yoga	22	23 10:15am Mindful Yoga 6:00pm Boot Camp	24 6:40pm Organic Flow Yoga	25 6:00pm Boot Camp	26	27
28	29	30 10:15am Mindful Yoga 6:00pm Boot Camp	31 6:40pm Organic Flow Yoga			