

# Welcome Back Members!

Fitness staff are excited to welcome our members back on Monday, June 22<sup>nd</sup>!  
Here are a few things you need to know before coming for a work-out:

- NEW HOURS 6:00am-9:30pm to allow evening staff cleaning and disinfecting time,
- Members must sign in at the front desk with staff and complete a short COVID-19 assessment,
- Lockers and showers will not be accessible. No personal belongings can be stored at the fitness centre including shoes,
- Come ready to work-out, bring in only what you need and limit your time in the facility,
- Please avoid all scents to reduce the chances of causing sneezing or coughing,
- Equipment will have physical barriers but try to maintain 3 meter physical distancing when possible,
- Please occupy only 1 piece of equipment at a time, avoid super setting or working in with someone,
- Cleaning equipment is MANDATORY, absolutely no exceptions. Each member will be given their own cleaning bottle and towel,
- 24 hour memberships will be active, all above procedures must be followed in the after hours times with the exception of check-in. (Fitness will reassess as necessary)